



# **Holiday Information Pack**

**Holiday information  
for people with disabilities  
and their carers**

Produced by  
**The Brain Charity**  
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Registered charity number 1114999

**The information listed here is given in good faith and does not constitute a recommendation.**

**The information provided is current at time of print February 2018**

**The holiday information pack is available in alternative formats on request.**

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# Information Services

## **The Brain Charity**

This holiday information pack is an example of the type of information The Brain Charity can provide. There is a library where there is information on a wide range of neurological conditions and information about holidays for people with disabilities. Please ring before you want to visit the library to ensure there will be someone available to help you with your enquiry.

The Brain Charity, Norton Street, Liverpool L3 8LR Tel: 0151 298 2999

Web: [www.thebraincharity.org.uk](http://www.thebraincharity.org.uk) E-mail: [info@thebraincharity.org.uk](mailto:info@thebraincharity.org.uk)

## **Tourism For All**

The UK's central source of travel and holiday information and support for disabled and older people, their families, friends and carers.

They also publish a range of factsheets

Information - 0845 124 9971

Web: [www.tourismforall.org.uk](http://www.tourismforall.org.uk) E: [info@tourismforall.org.uk](mailto:info@tourismforall.org.uk)

## **OpenBritain**

Definitive directory of accessible accommodation and travel. Searchable website supported by Tourism for All and VisitEngland. Web [www.openbritain.net](http://www.openbritain.net)

## Online information resources

### **Accessible Property Register**

Wheelchair accessible accommodation and holiday homes.

Web: [www.accessible-property.org.uk](http://www.accessible-property.org.uk) Tel: 0800 368 9228

E: [info@accessible-property.org.uk](mailto:info@accessible-property.org.uk)

### **Deaftravel**

Provides travel information and advice for Deaf people travelling independently abroad.

Web: [www.deaftravel.co.uk](http://www.deaftravel.co.uk)

### **DisabledGo**

National accessibility project providing information about access to venues in towns and cities across the UK.

Web: [www.disabledgo.com](http://www.disabledgo.com)

### **Disabled Holiday Directory**

Lists accessible holiday properties.

Web: [www.disabledholidaydirectory.co.uk](http://www.disabledholidaydirectory.co.uk)

Tel: 0161 804 9898

### **Disabled Holiday Information**

Holiday information for wheelchair users and other people who have accessibility issues. Information on both accessible accommodation and attractions in the UK.

Web: [www.disabledholidayinfo.org.uk](http://www.disabledholidayinfo.org.uk)

### **The Good Access Guide**

A unique directory of accessible leisure pursuits, holidays and travel, transport, mobility products, and daily living services for disabled people, their families and friends.

Web: [www.goodaccessguide.co.uk](http://www.goodaccessguide.co.uk)

Tel: 01502 806 706

### **Spinal Injuries Association**

Have a holiday section on their website with information about holidays in the UK and abroad. Details of accessible accommodation, handy tips and advice on planning a trip.

Web: [www.spinal.co.uk/page/holidays](http://www.spinal.co.uk/page/holidays)

Tel: 01908 604 191

### **Youreable.com**

Online community of and for disabled people. Web: [www.youreable.com](http://www.youreable.com)

# UK Charities

## **3H Fund**

Organises subsidised group holidays for physically disabled children and adults with the support of volunteer helpers. Provides grants to families on low income with a physically or mentally disabled dependent to have a modest UK holiday break.

3H Fund, Unit B2, Speldhurst Business Park, Langton Road, Speldhurst, Tunbridge Wells, Kent TN3 0AQ

Tel: 01892 860207 Web: [www.3hfund.org.uk](http://www.3hfund.org.uk) E: [info@3hfund.org.uk](mailto:info@3hfund.org.uk)

## **The Bendrigg Trust**

Specialises in courses and activities for disabled people.

The Bendrigg Trust, Bendrigg Lodge, Old Hutton, Kendal, Cumbria LA8 0NR

Tel: 01539 723766 Web: [www.bendrigg.org.uk](http://www.bendrigg.org.uk) E: [office@bendrigg.org.uk](mailto:office@bendrigg.org.uk)

## **HCPT**

Each year during Easter Week HCPT takes around 2,000 children with disabilities on a pilgrimage holiday to Lourdes. There are also groups for adults April-Oct.

HCPT The Pilgrimage Trust, Oakfield Park, 32 Bilton Road, Rugby, Warwickshire CV22 7HQ

Tel: 01788 564646 Web: [www.hcpt.org.uk](http://www.hcpt.org.uk) E: [hq@hcpt.org.uk](mailto:hq@hcpt.org.uk)

## **Across Charity**

Run weekly pilgrimages by Jumbulance to Lourdes between Easter and November, as well as European holidays. ACROSS, St Mark's Community Centre, 218 Tollgate Road, Beckton, London, E6 5YA

Tel: 01499 302715 Web: [www.across.org.uk](http://www.across.org.uk)

E: [contactus@across.org.uk](mailto:contactus@across.org.uk)

Merseyside, Cheshire St Helens and Wigan contact Tel: Tony Murphy 07881656974

## **Phab Ltd**

Phab Ltd has a network of clubs throughout England run by disabled and non-disabled people. Phab centrally organises holidays for youngsters during the summer break.

Phab office: Summit House, 50 Wandle Road, Croydon, Surrey, CR0 1DF

Tel: 020 8667 9443 Web: [www.phab.org.uk](http://www.phab.org.uk) E: [info@phab.org.uk](mailto:info@phab.org.uk)

Regional officer (North): Rebecca Hargreaves. E: [rebecca.hargreaves@phab.org.uk](mailto:rebecca.hargreaves@phab.org.uk)

T: 01254 824 784

## **Park House Hotel**

Park House is run by the Leonard Cheshire Foundation as a country house hotel for disabled people and their companions. 24-hour nursing care is provided.

Park House Hotel, Sandringham, King's Lynn, Norfolk PE35 6EH

Tel: 01485 543000 Web: [www.parkhousehotel.org.uk](http://www.parkhousehotel.org.uk) E: [parkinfo@leonardcheshire.org](mailto:parkinfo@leonardcheshire.org)

## **The Holiday Homes Trust**

Accessible accommodation for families or individuals who are disadvantaged whether through disability, income or circumstances.

The Holiday Homes Trust, Gilwell Park, Chingford London E4 7QW

Tel: 0208 433 7290, or 020 8433 7291 Web: [www.holidayhomestrust.org](http://www.holidayhomestrust.org)

Office hours 08:30am -1:30pm Monday – Friday.

## **Stackpole Trust**

Provides self-catering, active holidays for families, or groups, which include people with severe disabilities. They have a hydrotherapy pool and leisure facilities on site including music, art and theatre workshops.

Stackpole, near Pembroke, Pembrokeshire, SA71 5DQ

Tel: 01646 661425 Web: [www.nationaltrust.org.uk/stackpole](http://www.nationaltrust.org.uk/stackpole)

## **Revitalise**

Revitalise provides respite holiday care.

An example of the Trust's holiday breaks is Sandpipers, in Southport.

Sandpipers: Tel: 01704 538 388 Web: [www.vitalise.org.uk](http://www.vitalise.org.uk)

Head office:

212 Business Design Centre, 52 Upper Street, London N1 0QH

Tel: 0303 303 0145

Fax: 020 7288 6899

Email: [info@revitalise.org.uk](mailto:info@revitalise.org.uk)



# UK Commercial Holiday Providers

## **Accessible Travel and Leisure**

Accessible holidays and travel for wheelchair users, slow walkers, mature travellers, their families and friends.

Accessible Travel and Leisure, Avionics House, Newhaven Road, Kingsway Business Park, Quedgeley, Gloucester GL2 2SN

Tel: 01452 729 739 Web: [www.accessibletravel.co.uk](http://www.accessibletravel.co.uk) E: [info@accessibletravel.co.uk](mailto:info@accessibletravel.co.uk)

## **Access Travel**

Provides information about accessible properties and can discuss with you the suitability of a holiday, information about special aids and nursing and care services.

Access Travel (Lancs) Ltd, 6 The Hillock, Astley, Manchester, M29 7GW

Tel: 01942 888844 Web: [www.access-travel.co.uk](http://www.access-travel.co.uk) E: [office@access-travel.co.uk](mailto:office@access-travel.co.uk)

## **Can Be Done**

Can Be Done can book your accommodation, flights, Eurostar, Eurotunnel, ferries, car hire or your whole itinerary.

Can Be Done, Congress House, 14 Lyon Road, Harrow, HA1 2EN

Tel: 020 8907 2400 Web: [www.canbedone.co.uk](http://www.canbedone.co.uk) E: [holidays@canbedone.co.uk](mailto:holidays@canbedone.co.uk)

## **Enable Holidays**

Personally audited and carefully selected range of accessible holidays in Florida, Spain, Majorca, Canary Islands, Portugal, Cyprus, and the Greek Islands.

Enable Holidays Ltd, 201 - 202F, The Big Peg, 120 Vyse St, Birmingham, B18 6NF

Tel: 0871 222 4939 Web: [www.enableholidays.com](http://www.enableholidays.com) E: [info@enableholidays.com](mailto:info@enableholidays.com)

## **Options Holidays**

A not-for-profit organisation running escorted traditional-style holidays for adults with learning difficulties.

Options Holidays, Greyhound Farm House, Barnsley, Cirencester, Gloucestershire, GL7 5EF

Tel: 01285 740491 Web: [www.optionsholidays.co.uk](http://www.optionsholidays.co.uk)

E: [office@optionsholidays.co.uk](mailto:office@optionsholidays.co.uk)

## **Traveleyes**

International travel company that specialises in world holidays for both visually impaired and sighted travellers.

Traveleyes Ltd, PO Box 511, Leeds LS5 3JT

Tel: +44 (0)113 887 4275 Web: [www.traveleyes-international.com](http://www.traveleyes-international.com)

## **Chrysalis Holidays**

Chrysalis provides supported holidays in the UK and overseas for people with learning disabilities. Providing fun, educational and exciting activities.

Chrysalis Holidays, 13 Winwick Lane, Lowton, Warrington, WA3 1LR.

Tel: 01925 220179

Web: [www.chrysalisholidays.co.uk](http://www.chrysalisholidays.co.uk)

E: [admin@chrysalisholidays.co.uk](mailto:admin@chrysalisholidays.co.uk)

# UK Breaks

## **Bond Holidays**

Holidays for people with disabilities, special needs, carers, friends and relatives. Two hotels in Blackpool and St Annes and luxury holiday homes at Marton Mere holiday park near Blackpool

The Bond Hotel, 120 Bond Street, Blackpool, Lancashire, FY4 1HG

Tel: 01253 341 218 Web: [www.bondhotel.co.uk](http://www.bondhotel.co.uk)

E: [sales@bondhotel.co.uk](mailto:sales@bondhotel.co.uk)

## **Gaer Cottages**

Committed to *Tourism For All*, six of the nine cottages are suitable for visitors with limited mobility and welcome individuals, families and groups.

Gaer Cottages, Cribyn, Lampeter, Cardiganshire, SA48 7LZ

Tel and Fax: 01570 470 275 Web: [www.selfcateringwales.co.uk](http://www.selfcateringwales.co.uk)

E: [member@gaer.fsnet.co.uk](mailto:member@gaer.fsnet.co.uk)

## **Irton House Farm – Lake District Holiday Cottages**

Irton House Farm is set in 240 acres of pasture and woodland and commands probably one of the finest views to be found in the Northern Lakes

Irton House Farm, Isel, Cockermouth, Cumbria CA13 9ST.

Tel: 01768 776380 Web: <http://irtonhousefarm.co.uk/>

E: [lin@irtonhousefarm.co.uk](mailto:lin@irtonhousefarm.co.uk)

## **Joey Dunlop Foundation Holiday Home**

The Joey Dunlop Foundation (established 2001) is an Isle of Man Charity whose main aim has always been to create specialist accommodation that will open up the Isle of Man to visitors with disability.

Bookings and enquiries to Kevin Quirk (Trustee and Chairman) Tel: 01624 6777 41

E: [info@joeydunlopfoundation.com](mailto:info@joeydunlopfoundation.com)

Web: [www.joeydunlopfoundation.com](http://www.joeydunlopfoundation.com)

## **The Ty Glyn Davies Trust**

A unique self-catering holiday centre and gardens for people with special needs.

Centre address: The Ty Glyn Davis Trust Holiday Centre and Gardens, Ciliau Aeron, Lampeter, Ceredigion, Wales, SA48 8DE

Administration address: Esgair Arth, Pennant, Llanon, Ceredigion, Wales, SY23 5JL

TELEPHONE: 0345 094 4364 E:

Web: [www.tyglyndavistrust.co.uk](http://www.tyglyndavistrust.co.uk)

## **Safehands Holidays**

Hotel holidays for disabled people, their carers, friends and families at The New Mayfair Hotel, Blackpool. Also, accessible travel excursions to local attractions, including Blackpool Zoo, Southport, and Bury Market.

Web [www.safehandsholidays.co.uk](http://www.safehandsholidays.co.uk)

Tel: 0333 999 8888

## **International Breaks**

### **I Need A Holiday Too**

Accessible holidays in France. Six luxury purpose built apartments in La Roche Derrien, Brittany, France.

I Need A Holiday Too Ltd, 21 Rue St jean, 22450, La Roche Derrien, Brittany, France.

Freephone from UK 0800 949 6801 E: [info@ineedaholidaytoo.com](mailto:info@ineedaholidaytoo.com)

Web: [www.ineedaholidaytoo.com](http://www.ineedaholidaytoo.com)

### **Brazos Abiertos Hotel**

A fully accessible hotel set in the heart of Andalucía.

Brazos Abiertos Hotel / Casa Rural Superior, A.P. 31, Iznajar, 14970, Cordoba Province

T: 0034 633 4321 27

Web: [www.casabrazosabiertos.com](http://www.casabrazosabiertos.com)

[info@hilltophideaway.es](mailto:info@hilltophideaway.es)

# UK Activity Holidays

## **Accessible Boating Association**

Canal boat holidays for people with disabilities and their carers.  
Tel: +44-(0)7934 926683 Web: [www.accessibleboating.org.uk](http://www.accessibleboating.org.uk)

## **Bruce Wake Charitable Trust**

The provision of canal and river holidays for people with disabilities.  
Bruce Wake Charitable Trust, PO Box 9335, Oakham, Rutland, LE15 0ET  
Tel 0344 879 3349 Web: [www.brucewaketrust.co.uk](http://www.brucewaketrust.co.uk)

## **Disability Snowsport UK**

Disability Snowsport UK is a people-centred organisation with a unique sense of purpose: that anyone regardless of their disability can take part in and enjoy the thrill of snowsports.  
Disability Snowsport UK, Glenmore Grounds, Aviemore, PH22 1QU  
Telephone: 01479 861272  
Email: [admin@disabilitysnowsport.org.uk](mailto:admin@disabilitysnowsport.org.uk)  
Web: [www.disabilitysnowsport.org.uk](http://www.disabilitysnowsport.org.uk)

## **The Kingcombe Centre**

Provides holidays and courses.  
Dorset Wildlife Trust, The Kingcombe Centre, Toller Porcorum, Dorchester, Dorset, DT2 0EQ  
E: [kingcombe@dorsetwildlifetrust.org.uk](mailto:kingcombe@dorsetwildlifetrust.org.uk)  
T: 01300 320684  
Web: [www.kingcombe.org](http://www.kingcombe.org)

## **The Jubilee Sailing Trust**

Adventure sailing for able-bodied and disabled people.  
Jubilee Sailing Trust, 12 Hazel Road, Woolston, Southampton S019 7GA  
Tel: 023 8044 9108 Web: [www.jst.org.uk](http://www.jst.org.uk)

## **The Lyneal Trust**

The Lyneal Trust offers canal boat and cottage holidays in beautiful Shropshire for people with disabilities, illness or injury, or any other vulnerability and their family, friends and carers who may accompany them.  
The Lyneal Trust, Shirehall, Abbey Foregate, Shrewsbury, Shropshire, SY2 6ND  
Tel: 01948 710708 Web: <http://www.lyneal-trust.org.uk/>

## **Vale of Llangollen Canal Boat Trust**

Canal boating for people with disabilities  
The Vale of Llangollen Canal Boat Trust, The Old Armoury, 2 Berwyn Street, Llangollen, Denbighshire, LL20 8NF  
Tel: 01978 861450 Web: [www.vlcbt.org.uk](http://www.vlcbt.org.uk)

**The Wirral Community Narrowboat Trust Ltd**

Two narrow boats provide a year round service to user organisations ranging from The Alzheimer's Disease Society to the Zipper Clubs, covering young persons and senior citizen groups, special schools, hospitals and hospices.

Wirral Community Narrowboat Trust, c/o Hillyer McKeown, 1 Hamilton Square, Birkenhead, Wirral, CH41 6AU

Tel: 0151 647 6300 10am-12pm Web: [www.wirralnarrowboats.com](http://www.wirralnarrowboats.com)

**Gloucestershire DART**

Charity providing canal boating for people with disabilities.

Tel: 01242 644085 web: <http://www.glosdart.co.uk/>

# Specialised holidays

## **Vision Hotels**

Provide three hotels in South Devon, Somerset and the Lake District for blind and partially sighted individuals and their friends and families. Part of Action For Blind People.

53 Sandgate Street, London, SE15 1LE

Tel: +44 (0)845 603 0051 Email: [enquiries@visionhotels.co.uk](mailto:enquiries@visionhotels.co.uk)

Web: [www.visionhotels.co.uk](http://www.visionhotels.co.uk)

## **Age UK Holidays**

Age UK have partnered with Silver Travel Advisor, the travel review and information site for mature travellers aged 50+ to bring a selection of holiday suggestions and special offers.

For information and advice, call 0800 678 1174

For all other enquiries, call 0800 169 8787

Web: [www.ageuk.org.uk/products/holidays--travel](http://www.ageuk.org.uk/products/holidays--travel)

## **The Back-Up Trust**

A national charity for spinally injured men and women.

The Back-Up Trust, Jessica House, Red Lion Square, 191 Wandsworth High Street SW18 4LS. Telephone: 020 8875 1805 Web: [www.backuptrust.org.uk](http://www.backuptrust.org.uk) E:

[admin@backuptrust.org.uk](mailto:admin@backuptrust.org.uk)

## **The Caravan Club**

Have a list of sites that have facilities for disabled people.

The Caravan Club, East Grinstead House, East Grinstead, W. Sussex, RH19 1UA

Tel: 01342 326 944 Web: [www.caravanclub.co.uk](http://www.caravanclub.co.uk) E: [enquiries@caravanclub.co.uk](mailto:enquiries@caravanclub.co.uk)

Our opening times

Monday to Friday:

March to August - 8.45am to 6pm

September to December - 8.45pm to 5.30pm

## **Holiday Insurance with our partners**

Insure through these companies and support The Brain Charity:

The Brain Charity has teamed up with the following providers of insurance products. For any product bought through these providers, The Brain Charity will receive a percentage of the quote back to the charity to support the work that we do.

### **En Route Insurance**

En Route Insurance, 5th Floor, Cavendish House, Breeds Place, Hastings, East Sussex, TN34 3AA.

Tel: 0800 783 7245 email: [info@enrouteinsurance.co.uk](mailto:info@enrouteinsurance.co.uk)

Web: <http://www.enrouteinsurance.co.uk/>

### **Infinity Insurance**

Infinity Insurance Solutions, 1 Tower View, Kings Hill, West Malling, ME19 4HA.

Tel: 0203 829 3889

Web: <http://www.infinityinsurance.co.uk/index.html>

### **The Insurance Surgery**

Specialises in sourcing competitive travel insurance for clients with pre-existing medical conditions. Use the travel insurance wizard on the website and be directed to a range of companies who offer competitive rates.

45 Pickford St, Macclesfield, Cheshire, SK11 6HD.

Tel: 0800 083 2829 email: [enquiry@theinsurancesurgery.co.uk](mailto:enquiry@theinsurancesurgery.co.uk)

Web: <http://www.the-insurance-surgery.co.uk/>

### **Just Travel**

Victoria House, Toward Road, Sunderland, SR1 2QF.

Tel: 0800 294 2969 Email: [admin@justtravelcover.com](mailto:admin@justtravelcover.com)

Web: <https://www.justtravelcover.com/>

### **Policy Direct**

Jonathan Scott Hall, Thorpe Rd, Norwich, Norfolk NR1 1UH.

Tel: 01603 613531 Email: [les@stbensinsurance.co.uk](mailto:les@stbensinsurance.co.uk)

Web: <http://www.policydirect.co.uk/index.html>

### **World First Travel Insurance**

Provides specialist medical cover for pre-existing conditions, as well as family cover, winter sports and backpack travel insurance

Tourism House, Woodwater Park, Pynes Hill, Exeter, Devon, EX2 5WS.

Tel: 0345 90 80 161 E: [info@world-first.co.uk](mailto:info@world-first.co.uk)

Web: <http://www.world-first.co.uk/>

**Quote code BRA2**

## HOLIDAY INSURANCE (continued)

The Brain Charity lists these insurance companies for information but does not recommend any in particular.

### **Able2Travel Ltd**

Tel: 01892 839 501 Web: [www.able2travel.com](http://www.able2travel.com)

### **Age UK (England)**

Travel Insurance for the over 50's – free quote 0800 678 1174 or contact your local branch. Web: [www.ageuk.org.uk/products/insurance/travel-insurance](http://www.ageuk.org.uk/products/insurance/travel-insurance)

### **All Clear Travel Insurance**

AllClear House, 1 Redwing Court, Ashton Road, Romford, Essex, RM3 8QQ  
Tel: 0800 169 7386 Web: <https://www.allcleartravel.co.uk/>

### **Epilepsy Action in association with InsureandGo**

Tel: 0203 829 3875 (quote EPA) Web: [www.epilepsy.org.uk/info/travel-insurance](http://www.epilepsy.org.uk/info/travel-insurance)

### **Freedom Insurance Services Limited**

Freedom is a specialist travel insurance company, offering quality pre existing medical condition travel insurance

Richmond House, 16-20 Regent Street, Cambridge, CB2 1DB.

Tel: 01223 446914/+44 1223 446 914 (from abroad)

Web: [www.freedominsure.co.uk](http://www.freedominsure.co.uk)

### **Headway Travel Insurance**

Available online from [www.headway.org.uk/Travel-insurance.aspx](http://www.headway.org.uk/Travel-insurance.aspx)

### **J.D. Travel Insurance Consultants**

Travel insurance for those with serious medical conditions.

29 London Road, Bromley, Kent, BR1 1DG

Tel. 0844 247 4749 E: [mail@jdtravelinsurance.co.uk](mailto:mail@jdtravelinsurance.co.uk)

Web: [www.jdtravelinsurance.co.uk](http://www.jdtravelinsurance.co.uk)

### **MS Society Insurance Services**

Tel: 0800 800 8000 Web: [www.mssociety.org.uk/ms-support/practical-and-financial-help/insurance/ms-insurance-services/travel-insurance](http://www.mssociety.org.uk/ms-support/practical-and-financial-help/insurance/ms-insurance-services/travel-insurance)

### **Higos Insurance Service Ltd**

Higos Insurance Services Ltd, 7 Cary Court, Somerton Business Park, Bancombe Road, Somerton, Somerset, TA11 6SB

T: 01749 834 500 E: [enquiries@higos.co.uk](mailto:enquiries@higos.co.uk)

Web: [www.higos.co.uk/travel](http://www.higos.co.uk/travel)

### **Saga Insurance**

Tel: 0800 015 0757 Web: [www.saga.co.uk](http://www.saga.co.uk)  
0800 083 6648



### **Stroke Association**

The Stroke Association is an Introducer Appointed Representative of AllClear Insurance Services Limited

Stroke Association Helpline: 0303 3033100

Web: <https://www.stroke.org.uk/finding-support/help-daily-living/travel-insurance-provided-allclear>

### **Staysure**

Over 50's travel insurance and experts in pre-existing medical condition cover.

Staysure.co.uk Ltd, McGowan House, Waterside, The Lakes, Bedford Road, Northampton NN47XD

Tel: 0800 033 4902 Web: [www.staysure.co.uk/travel-insurance](http://www.staysure.co.uk/travel-insurance)

If you are finding it difficult to find suitable cover, a specialist insurance broker will usually be able to help. The British Insurance Brokers' Association (BIBA) can put you in touch with a specialist broker.

### **BIBA British Insurance Brokers Association**

To find a broker telephone Consumer Helpline 0344 7700 266 Web: [www.biba.org.uk](http://www.biba.org.uk)

E: [enquiries@biba.org.uk](mailto:enquiries@biba.org.uk)

### **Association of British Insurers (ABI)**

A trade association for the UK insurance industry.

Association of British Insurers, One America Square, 17 Crosswall, London, EC3N 2LB

Web: [www.abi.org.uk](http://www.abi.org.uk) T: 0207 600 3333

ABI has information about travel insurance:

[www.abi.org.uk/Insurance-and-savings/Products/Travel-insurance/Travel-insurance-and-your-health](http://www.abi.org.uk/Insurance-and-savings/Products/Travel-insurance/Travel-insurance-and-your-health)

ABI has information on how to complain:

[www.abi.org.uk/Insurance-and-savings/Tools-and-resources/Making-a-complaint](http://www.abi.org.uk/Insurance-and-savings/Tools-and-resources/Making-a-complaint)

# Funding for holidays

## **Publications:**

A Guide to Financial Help Towards the Cost of a Holiday, Respite Care or Convalescence Booklet which has details of trusts and funds that consider applications for financial assistance towards the cost of a holiday. It is available from Tourism for All price £3.50 or free to members.

7A Pixel Mill  
44 Appleby Road  
Kendal  
Cumbria LA9 6ES

Tel: 0845 124 9971 E: [info@tourismforall.org.uk](mailto:info@tourismforall.org.uk) Web: [www.tourismforall.org.uk](http://www.tourismforall.org.uk)

A Guide to Grants for Individuals in Need 2018/2019 16<sup>th</sup> Ed, April 2018. Directory of Social Change ISBN 978 1 78482 043 51

Available in public libraries. There is also a reference copy at The Brain Charity library. This publication details sources of help and funding for individuals. It is arranged by general charities, charities under specific conditions, occupational charities, service charities and religious charities. There is also a geographical listing of local charities.

## **Organisations**

**Turn2Us** is a free website for finding grant providers. It has a grant search facility which provides the details of a large range of grant giving charities. Includes on-line search of the Guide to Grants for Individuals in Need. Web: [www.turn2us.org.uk](http://www.turn2us.org.uk)

It is sometimes possible to get a grant from local charities or disability groups.

**Citizens Advice Bureau** can provide details of local charities. See local telephone directory for the nearest branch or their website. Web: [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)

Other local charities that sometimes provide help are:

**Lions Club International** – Tel: 0845 833 9502 E: [enquiries@lionsclubs.co](mailto:enquiries@lionsclubs.co)

Lions Clubs International British Isles & Ireland, 257 Alcester Road South, Kings Heath, Birmingham B14 6DT

Web: <http://www.lionsclubs.co/>

**National Association of Round Table** – Tel: 0121 456 4567 or text Join and your postcode to 60066

Round Table  
Marchesi House  
4 Embassy Drive  
Calthorpe Road, Edgbaston  
Birmingham  
B15 1TP  
Web: [www.roundtable.co.uk](http://www.roundtable.co.uk)

## **Rotary Club International**

Rotary International in Great Britain & Ireland  
Kinwarton Road  
Alcester  
Warwickshire  
B49 6PB  
Phone: 01789 765 411 Web: [www.ribi.org](http://www.ribi.org)

**The 3H Fund** provides grants to families on low income that include someone with a physical or learning disability so that they can have a modest UK holiday break when funds are available.

3H Fund, (Helping Hands for Holidays)

B2 Speldhurst Business Park,

Langton Road, Speldhurst,

Tunbridge Wells, Kent TN3 0AQ

Telephone: 01892 860207

E: [info@3hfund.org.uk](mailto:info@3hfund.org.uk)

Web: [www.3hfund.org.uk](http://www.3hfund.org.uk)

**Support Groups** for different conditions can sometimes help with sources of funding. Contact our information centre for details of specific support groups.

Funds are also available based on past or present occupations, professions, Trade Unions membership and service within the Armed Forces. See the above Guide to Grants for Individuals in Need for details and contacts.

### **Help for Families and Children**

**Contact-a-Family** can provide information on sources of funding. They also have a holidays, play and leisure factsheet.

Contact a Family, 209-211 City Road, London EC1V 1JN

Tel:0808 808 3555 Web: [www.cafamily.org.uk](http://www.cafamily.org.uk)

### **Family Fund.**

For low income families with disabled children under 17yrs.

4 Alpha Court

Monks Cross Drive

York

YO32 9WN

Tel: 01904 550055 Web: [www.familyfund.org.uk](http://www.familyfund.org.uk)

### **Family Holiday Association**

The Family Holiday Association is the only national charity dedicated to providing British seaside breaks and day trips for families struggling with some of the toughest challenges life can bring.

3 Gainsford Street

London

SE1 2NE

Tel: 020 3117 0650 E: [info@FamilyHolidayAssociation.org.uk](mailto:info@FamilyHolidayAssociation.org.uk)

Web: [www.familyholidayassociation.org.uk](http://www.familyholidayassociation.org.uk)

# Booklist

## **Britain's Accessible Places to Stay**

Published by VisitBritain. ISBN 0709581467

## **Concise Blue Badge UK Road Atlas 2009**

2<sup>nd</sup> rev ed. published by PIE Guide. ISBN 978-0955171185

Road Atlas which incorporates useful information for Blue Badge holders including accessible car parks, petrol stations, shopmobility locations, toilet and an accessible accommodation guide. [www.thepieguide.com](http://www.thepieguide.com)

## **Holidays in the British Isles: A guide for disabled people 2013**

Published by Disability Rights UK ISBN 978-1903335628

## **Rough Guide To Accessible Britain 2016**

6th ed. Published by Rough Guides; available to view for free on their website:

<http://www.accessibleguide.co.uk/the-guide.html>

## **Rough Guide To Accessible Britain - Family Days Out**

View free on-line at [www.accessibleguide.co.uk/familydaysout](http://www.accessibleguide.co.uk/familydaysout)

## **HFT**

Hft is a national charity, providing local support services for people with learning disabilities throughout England. They produce an annual Holiday Information Guide.

Available to download at <http://www.hft.org.uk/holidayinformationguide> or if you would like a copy of the guide sent by post, please send an A4 stamped addressed envelope with £1.27 worth of stamps on it to the address below.

Holiday information guide

Hft

Family Carer Support Service

Whitefriars

Lewins Mead

Bristol

BS1 2NT

Freephone: 0808 801 0448

Email: [familycarersupport@hft.org.uk](mailto:familycarersupport@hft.org.uk)