

CATERING MENU

SANDWICH PLATTER

£3.95 per person

A classic option to refuel, and keep you sharp and focussed throughout the rest of the day.

A selection of freshly made sandwiches on both white and wholemeal bread.



SANDWICHES AND SALADS

£4.50 per person

This selection of delicious sandwiches and salads are made using only the freshest ingredients, and is a hearty and vibrant option for your meeting.

A selection of freshly made sandwiches on both white and wholemeal bread and option of vegetarian or vegan salad.



SANDWICHES AND SOUP

£4.95 per person a warming and hearty option for your visit at The Brain Charity.

A selection of freshly made sandwiches on both white and wholemeal bread and a freshly made soup.



JACKET POTATO LUNCH

£4.50 per person

Freshly baked jacket potatoes and a side salad, with individual's choice of filling:

- ❖ Tuna Mayo
- ❖ Cheese
- ❖ Beans
- ❖ Hummus



BUFFET

£7.50 per person

With something for everyone...

Super greens and seeds salad with variety of freshly made sandwiches, delicious selection of seasonal fruits as well as cakes.



HOT MEALS

£7.50 per person

All of our balanced hot meals are at least 3 of your 5 a day.

A choice of meat or veggie option of our daily specials.

See options further below



SIGNATURE BAKES

£5.95 per tray (serves 6)

If you truly want to indulge then why not order one of our signature bakes?

Something special and something sweet, freshly made just for you...

Lemon drizzle with chia seeds

Dark Belgian Chocolate orange with/without Walnuts



STANDARD & PREMIUM TEAS & COFFEES

Standard Teas & Coffee

Half Day £1.70 Per person

Full Day £2.75 Per person

Premium Teas & Coffee

Half Day £2.40 Per person

Full Day £4.80 Per person



Our premium option includes our range of Brain CharITEAS which are unique to us and our speciality coffees.



HOT MEAL OPTIONS

Lasagne – Meat / Vegetable

Quiche – Meat / Vegetable

Pie – Mince and Onion / Mince and Potato /
Vegetable

Scouse – Meat / Vegetable

Sweet Potato and Vegetable Tart (Vegan Friendly)

Healthy Fish and Chips with a Lime Mayo and Panko
Crumb Topping

Cottage Pie with a Potato / Sweet potato Topping

Panini with the individual's choice of filling